



The MDExpress physician team: Nishant Shah, M.D., of New York City; Nelson Tieng, M.D., of Scarsdale; Babak Toosi, M.D., of Scarsdale; Jason Lupow, M.D., of Rye Brook; Alan Teigman, M.D., of Scarsdale

New urgent care facility

A new walk-in medical facility, designed to fill the gap between doctor's office and hospital emergency room, will debut in February at 1030 W. Boston Post Road in Mamaroneck. The facility will be open from 8 a.m. to 8 p.m., Mondays through Fridays and from 9 a.m. to 5 p.m., Saturdays and Sundays.

Many people have experienced the frustration of waiting for hours in a hospital emergency room to get treated for a pressing but non-life-threatening illness or injury, at much higher costs. MDExpress was founded by Dr. Jason Lupow. The facility, which will be open seven days a week including all holidays, will have doctors and medical assistants on staff to treat a variety of pediatric and adult nonlife-threatening injuries and illnesses, including cuts requiring stitches, flu, strep and sore throats, sprains, burns, headaches,

stomach aches, asthma, allergic reactions and much more. There will also be onsite digital X-ray and lab facilities.

MDExpress will offer appointments for school, camp and sports physicals. Walk-ins are welcome, while scheduled appointments are also available.

Lupow said that appointments are not necessary and patients will usually be seen within 30 minutes. All major insurances, including workers' compensation and Medicare, are accepted.

MDExpress will be staffed and run by Lupow with physician partners Babak Toosi, Nelson Tieng, Alan Teigman and Nishant Shah, all board-certified emergency room doctors at Montefiore Medical Center in New York City. Together the partnering group has more than 60 years of combined emergency and urgent care experience.

For appointments, visit www.mdexpress.com, or call 777-CARE (2273).